

How to Find Affordable Care if You Need Treatment for Opioid Addiction

<u>Lisa Rowan</u> with <u>The Penny Hoarder</u> recently interviewed managing partner <u>Harry Nelson</u> for her article, "<u>How to Find Affordable Care if You Need Treatment for Opioid Addiction</u>". Nelson gave an overview of what financial obstacles one would face as they work to treat drug addiction.

From the article:

It's a relevant concern for both those who have insurance and those who don't, said Harry Nelson, chair of the Behavioral Health Association of Providers and author of the upcoming book, "The United States of Opioids: A Prescription for Liberating a Nation in Pain." According to Nelson, that's because there are so many options available, and many treatment approaches are relatively new.

"The numbers are all over the place," he said of treatment program prices. "I know programs that charge \$80,000 per month and programs where people spend \$5,000 per month."

If you're considering getting treatment for drug addiction, or if you're trying to help someone else, it can be hard to figure out the financial obstacles you'll face.

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If you're concerned about costs, Nelson advised starting your research with local nonprofit facilities.

"There's this model of going far away to get treatment," Nelson said. "It's important to get out of the specific environment and peer group that keeps [a person] in access to drugs and continued use, but they can find really good lower-cost options" without traversing the country, he said.

Read the full article