## NELSON HARDIMAN

## Mental Health Crises Impacting Executives

Speaker: <u>Harry Nelson</u> When: Tuesday, September 17, 2019 @ 4PM-7PM Event: <u>Mental Health Executive Forum</u> Location: Westwood, Los Angeles (Nelson Hardiman Offices)

A breakdown in an executive's mental health can lead to dangerous behavior and bad decision making impacting thousands of employees and a company's survival.

Thankfully, there are now new solutions for managing and treating executive mental health needs while keeping executives employed and with their families.

Recent research from UC Berkeley and Stanford University found executives are 50% more likely to have higher rates of depression, substance abuse and burn out.

There is an increasing awareness of the importance of an executive's mental well being to a company's performance and brand reputation. This has become a board-level priority. Thankfully, there are new solutions for managing and treating executive mental health needs while keeping executives engaged professionally and in the community.